



DARTMOUTH BIG GREEN

DARTMOUTH WOMEN'S RUGBY RECRUITING PRESENTATION





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WHY RUGBY?

- Speed of track, skill of soccer, power of American football
- Only full contact sport for women at the collegiate level
- Every female body type has a place on our rugby team
- Development of teamwork and athleticism





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PREVIOUS ATHLETIC EXPERIENCES

Dartmouth Women's Rugby players have come from a diverse set of athletic backgrounds, and few starting players knew rugby prior to college.

Current DWRC players previously participated in: Soccer, Ice Hockey, Basketball, Water Polo, Field Hockey, Swimming, Track, Cheerleading, Fencing, Gymnastics, Wrestling, and Softball.





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HISTORY OF RUGBY AT DARTMOUTH

- 1880:** Dartmouth Rugby Football Association established, evolves into American football beginning at the turn of the century.
- 1951:** Rugby is re-established on campus as the touring Dartmouth Men's Rugby Football Club (DRFC).
- 1978:** Dartmouth Women's Rugby Club (DWRC) established, coached by DRFC alum Guy Van Wie '79.
- 1987:** Dartmouth Women's Rugby begins the tradition of annual training trips, Debra Archambault '85 begins tenure as DWRC coach.
- 2005:** Corey Ford Rugby Clubhouse (CFRC) dedicated, becoming a preeminent rugby facility in the U.S.



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OUR PROGRAM

- **Dartmouth Rugby Facilities Best in the Nation**
- Coaching Excellence and Experience
- Player led, College and Athletic Department supported program
- **First team and Second team (Development) for league matches**
- **Access to Varsity Team Lifting Facility**
- Dartmouth Rugby Sports Medicine trainer for League Season
- Participation in the Ivy League Athletic Tradition
- **Accelerated growth for players with no prior rugby experience**
- Ability to grow from any level of previous rugby experience
- **Annual Tours to International and Domestic destinations**
- **Development of Personal Leadership Experience**



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THE COREY FORD RUGBY CLUBHOUSE
HOME OF DARTMOUTH RUGBY





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EXCELLENCE IN COACHING



Head Coach Debra Archambault '85 served as DWRC captain during her time at Dartmouth, and has been coaching rugby since. Coach Archambault worked for thirteen years as a business manager and network administrator in a local law firm while coaching the team to its many titles and appearances in the National Round of Sixteen. She has been coaching full-time since July, 2006. Coach Archambault was certified by USA Rugby in Level II (Club Side) and Level III (Representative Side) Coaching in 1989 and 1990. She also attended a USA Elite Coaching Camp in 2007, and attends various specialty clinics every year. She is also currently the Executive for New England Collegiate Women's Rugby and the New England Director of Division I Women's College Rugby.



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ANNUAL SPRING BREAK TOURS

- International/Domestic Tours annually to play rugby in Ireland, England, Wales, Scotland, Canada, California, North Carolina.
- Opportunity to experience Rugby Culture Abroad and across the United States.





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PRESEASON TRAINING

- Two week training program for new and returning DWRC players before Fall Term
- Opportunity to learn rugby, move in early, meet the team, and become familiar with the Dartmouth campus
- First year students *ARE STILL ENCOURAGED* to attend DOC First Year Trips.





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TRADITION OF RUGBY AT DARTMOUTH

Women's Rugby at Dartmouth has some of the strongest and longest held traditions in women's athletics both on campus and in the United States, and Dartmouth Rugby remains the most celebrated and successful club sports enterprise on campus.





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THE IVY LEAGUE EXPERIENCE

The Ivy League prides itself on a combination of athletic and scholastic excellence. Student athletes make up about 35% of the Dartmouth undergraduate body, and Women's Rugby at Dartmouth provides the unique opportunity to achieve athletic excellence at the Division I collegiate level with no prior experience in the sport, as well as a number of elite resources (such as conditioning and strength coaching, varsity facility access, Sports Medicine Training staff, professional level coaching) available only to Dartmouth Rugby players.





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WHY RUGBY?

- Women's Rugby will be an Olympic Sport starting in Summer 2016.
- Most women who went on to play at the International/Rep side level had *no rugby experience prior to college*.
- Like many Dartmouth Women's Rugby alums, you too could represent the U.S.A., now as an Olympian.





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DWRC ALL-AMERICANS

(PROGRAM STARTED IN 1995)

1995 - First Team: Kiersten Lawton '94 (All-American skier), Patricia Bankowski '95, Constance Tromble '95, Claire Unis '95

1996 - First Team: Dawn Elliot '96, Rachel Katz '97

1998 - First Team: Leah Campbell '99

1999 - First Team: Stacey Davis '99, Rachel Moss '99

1999 - Second Team: Erin Broderick '99

2000 - Second Team: Sarah Burgamy '00

2001 - First Team: Bridget Waitkus '02 (U.S. U-23 player)

2002 - First Team: Bridget Waitkus '02

2003 - Second Team: Jaclyn Johnson '04

2006 - First Team: Kirsten Arhendt '07

2007 - First Team: Kirsten Arhendt '07



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DWRC U.S. NATIONAL PLAYERS

Nancy Fitz '89 FIFTEENS RUGBY – (1996 to 2002) 21 CAPS Captain 2002 World Cup team, SEVENS – (1997 to 1999)

Kenya Warner '93 FIFTEENS RUGBY – (2003 to 2006) 8 CAPS, Vice-Captain World Cup team in 2006

Kiersten Lawton '94 FIFTEENS RUGBY – (1996 to 1999) 6 CAPS, SEVENS RUGBY - (1997)

Stacey Davis '99 FIFTEENS RUGBY – (2000 to 2003) 8 CAPS

Bridget Waitkus '02 FIFTEENS RUGBY – (2003) U-23 National Team, Captain England tour 2003

Kirsten Arhendt '07 SEVENS RUGBY – (2008)



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RECRUITING INFORMATION

For further information about Dartmouth Women's Rugby, Dartmouth College, and our Recruiting Process, please contact:

Head Coach Debra Archambault '85 Debra.Archambault@Dartmouth.edu

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